

range of non-surgical procedures, from Botox and fillers to skin-smoothing peels. And he never treats his clients on a commercial conveyor-belt basis. *Consultation, £125; facelifts, from £5,000. Ring 020 7487 4454 or visit janstane.com.*

Nick Percival

Percival offers a Jedi-like experience with lasers, which he uses for cosmetic surgery and to treat facial disfigurement. He and his partner Dai Davies have designed a new facelift technique called PSP (platysma-SMAS plication). Aimed at fortysomething women who want more of a tweak than a big production, this procedure is less invasive than traditional methods – it lifts the cheek area to get rid of nasal labial folds (the lines that run from the nose to mouth) and improves slackened jawlines.

Consultation, £100; PSP facelift, from £5,700. Ring 0800 028 2114 or visit plasticsurgerypartners.co.uk.

Dai Davies

Davies concentrates on facelifts and eyelid work and is a stickler for detail; his office has more special-effects gadgets than James Cameron's studio. All patients are screened before surgery with the Visia machine, which measures your skin ageing (lines, wrinkles and texture) against results taken from other people of your age – so you know exactly where you stand. Davies also offers morphing using a special camera that takes a 3D photograph of the face, which can then be manipulated to show you the potential results of surgery.

Consultation, £100; facelifts, from £5,700. Ring 0800 028 2114 or visit plasticsurgerypartners.co.uk.

Jesper Sørensen

Based at the Cadogan Clinic in Chelsea, Sørensen has a very high-precision approach. He specialises in endoscopic techniques and fat-grafting and has also been performing microsurgery since 1992, using it for tricky eyelid procedures and to repair facial-nerve injuries. One of his toys is a high-powered loop for operating on tiny nerves and blood vessels. He has designed his own set of surgical tools with which to perform immaculate facelifts.

Consultation, from £150; facelifts, from £3,000. Ring 020 7600 4444 or visit drsorensen.com.

BEST FOR EYES

Marko Lens

Harvard- and Oxford-educated, the dashing Dr Lens is a master at stealthy eyelid surgery, using lasers to remove excess skin and fat bags under the eyes. His seriously high-profile clients include weary-looking world leaders who want to appear discreetly refreshed. Lens also does enzymatic face peels to clarify sun-damaged skin and is a dab hand at Botox – Hollywood A-listers jet in for appointments and to stock up on his Zelens anti-ageing skincare range.

Consultation, £150; eyelid surgery, from £3,500. Ring 020 7631 3212 or visit markolens.com.

Naresh Joshi

A godsend for anyone who's been told they look tired one too many times, Joshi has a Harry Potter-like ability to magic away puffy under-eye bags, hooded upper lids or droopy eyebrows. He also does a lot of revisional eyelid surgery – or, in layman's terms, correcting other surgeons' mistakes. The most common problem is that too much skin has been removed

so that people can't close their eyes properly. Ouch. Joshi can correct this problem by lifting the cheeks and the mid-section of the face or with delicate skin grafts that add more tissue to the area. He operates out of both the Cromwell and Lister Hospitals. *Consultation, £240; eyelid surgery, from £2,250. Ring 020 7460 5739.*

Raman Malhotra

A consultant oculoplastic surgeon, Malhotra specialises in orbitofacial surgery around the eye area. He also does a lot of browlifts and non-surgical treatments such as Botox to fix crow's feet and injections of Restylane gel to fill out hollow tear troughs. Patients say they love his gentle, caring manner and his ability to make them look less weary. He has clinics at the McIndoe Surgical Centre in West Sussex as well as in Surrey and central London.

Consultation, £170; eyelid surgery, from £2,000. Ring 01883 712888 or visit ramanmalhotra.com.

BEST FOR LEGS

Mark Whiteley

The go-to guy for vein-free legs, Whiteley was one of the first surgeons to bring pinhole surgery using lasers and radiofrequency to this country. He can also claim to be the co-inventor of TRLOP (Trans-Luminal Occlusion of Perforators), a procedure that closes veins with a heated catheter. With his methods, lumps stay flattened, whereas traditional vein-stripping can lead to their growing back in a year. He is very thorough. He says nine out of 10 thread veins have underlying varicosity – which may not be visible to the naked eye – so he scans legs with an ultrasound to check for this: most other practices don't. Based at his clinic in Guildford, he also visits London once a week to see patients on Harley Street.

Consultation, £162; thread-vein treatments, from £285. Ring 01483 477180 or visit markwhiteley.co.uk.

Marko Lens' high-profile clients include weary-looking world leaders who want to appear discreetly refreshed