

## Chalazion

### Patient information

If your chalazion needs to be cut out:

- Do not wear jewellery.
- Thoroughly wash your face.
- Don't wear make-up.
- No contact lenses.
- Do not drive to your appointment – your eye may be covered after the procedure and you will not be able to drive home.
- You can return to work as soon as you are comfortable to do so.
- Your eyelid will be anaesthetised by an injection. This may sting but the lid will soon become numb.
- The cyst is removed by a small cut to the inside of the eyelid. No stitches are used and there will be no visible scars.
- Antibiotic ointment will be put on your eyelid, followed by an eye pad.
- You may remove the pad after a couple of hours. If you feel more comfortable with it on, leave it there overnight.
- You may be given eye ointment to use for three to four days.
- Any bruising will disappear in a couple of weeks.
- If you are prone to chalazia, try using hot compresses on your eyelids and gently massaging them each morning.