

## Lip filling and shaping

### - Patient information -

#### ***Before the procedure***

- Stop taking aspirin, ibuprofen or any drugs that can increase bruising at least a week before the procedure, so long as it is medically safe to do so – ask your doctor if you aren't sure
- Take two paracetamol tablets a few hours before the procedure, providing it is medically safe for you to do so – again, ask your doctor if you have any doubts
- Don't drink alcohol on the day of the procedure, both before and after treatment – it can also exacerbate bruising

#### ***After the treatment***

- If you bruise easily, you may want to use a cold compress or ice pack after the treatment
- Bruising may come out a day or so after the treatment but should fade within a week
- For 48 hours after a lip enhancement, do not massage or rub the treated area and avoid puckering your lips
- Lips may appear swollen and uneven for up to a week after enhancement – this is normal but, if you are worried, do contact Mr Malhotra
- Because of the possibility of swelling, Mr Malhotra will avoid overfilling the area on your initial visit – some patients may need a top-up a few weeks later to get the best result
- Some patients experience some lumpiness, which can be evened out by massaging gently with your thumb after the initial swelling has subsided
- Until swelling has settled down, avoid exposing treated area to intense heat (in a solarium or sunbathing, for example) or extreme cold

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